



# Touching Lives

THROUGH CARING & SHARING

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## Director of Development:

Wendy Proctor

Newsletter is published by:



10,000 W. Colonial Drive Ocoee, FL 34761  
 For more information, or if you have any questions  
 or comments, please call 407.296.1812

## Health Central Foundation contributes to the Cardiac Cath Lab!

When it comes to the heart, minutes matter. For the past two years, the Foundation has been actively fundraising to equip and outfit an Interventional Cardiac Catheterization Lab enabling physicians to perform life saving procedures within a narrow window of time. Our new Cath Lab allows for quick action because time is the leading factor in reducing death due to heart attacks and strokes.

Our first Interventional Cath Lab patient had a 99% blockage in his heart and through angioplasty and stenting procedures, was able to walk out of the hospital in a couple days, making it possible for him to share his successful story.

We would like to thank the Foundation Board of Directors, hospital Trustees, employees, volunteers and many other West Orange County residents who generously helped us reach our fundraising goal of \$200,000. These donations support the Foundation's mission of enriching Health Central with the assets necessary to provide world-class health care to the community in which we serve.

As we close out this significant campaign, we begin another which will be the focus of our next newsletter, so stay tuned!

## \$100,000 Gift Donation to the Cuddles Security System



L - R: David Sylvester, Health Central Senior VP and Health Central Foundation President, Sterling Stoudenmire, Foundation Chairman, Robyn O'Keefe, Clinical Supervisor of Maternal Child, Debby Brown, Director of the Maternal Child Department and Carolyn Karraker, Trustee Chairperson.



L - R: David Sylvester and Sterling Stoudenmire

Infants born at Health Central will be protected by a state-of-the-art baby security system, thanks to a \$100,000 donation from the Health Central Foundation Board. Health Central's new Cuddles Infant Protection System is designed to protect infants and patients in the pediatric unit and keep them secure.

"The Maternal Child Department greatly appreciates the generous donation from the Health Central Foundation for our Cuddles security system to help keep our babies and pediatric patients safe," said Debby Brown, Director of the Maternal Child Department at Health Central.

## Welcome to our inaugural Touching Lives Newsletter!



Both the Foundation Board of Directors and Staff felt that we have so much good news and information to share that it was time to create a quarterly newsletter to keep you up to date on our special events, campaign news and other areas of interest.

As so many of us wrestle with the challenges of an uncertain economy, tough choices are inevitable when it comes to charitable giving. History has shown that in difficult times, Americans embrace the value of giving in a unique way, thoughtfully reserving to support organizations that represent important priorities within their communities, while providing the greatest opportunity for their finite philanthropic dollar to touch the most lives.

**“The Health Central Foundation is poised to set a new standard for healthcare in our community for 2010.”**

As we begin a new year, I am pleased to report that we are outpacing the past few years in donor contributions. The Health Central Foundation is actively focused on several key initiatives which you will read more about in this newsletter. These tangible funding goals provide a renewed sense of mission, as Health Central and the great family of caregivers who embody it are being entrusted with your precious investments. It is an honorable and energizing responsibility.

Through superior health care professionals, facilities and technologies, talented board and administrative leadership, the dedication of outstanding volunteers through our Auxiliary and our prominent place within one of the most growing counties in Central Florida, we are poised to set a new standard for healthcare in our community. The Foundation remains dedicated to our mission.

David P. Sylvester

President, Health Central Foundation

## New Director of Development



**Ms. Wendy Proctor** has been appointed Director of Development with a focus on major and planned giving for the Health Central Foundation in Ocoee. Ms. Proctor manages the Cardiac Catheterization Lab's two million dollar capital campaign and expanded annual giving for a variety of other healthcare programs at Health Central. Wendy Proctor, who has held previous fund raising positions in the human service and healthcare sectors, resides in Orlando.

To learn more about how you can make a difference with your gift, please contact her at **407.296.1837** or [wendy.proctor@healthcentral.org](mailto:wendy.proctor@healthcentral.org)



## Darrell Gardner awarded "Volunteer of the Year Award"

Mr. Darrell Gardner, after volunteering almost 20,000 hours of service to the hospital over the past nine years, was recognized with the Volunteer of the Year award at a reception last September.

Since his record was so outstanding, the Foundation decided to name the award after him. The award is on display on the first floor of the hospital next to the Donor Wall.

## >> 2009-2010 Participating Schools:

- Citrus Elementary
- Spring Lake Elementary
- Windy Ridge Elementary
- Clarcona Elementary
- Tangelo Park Elementary
- Dr. Phillips High School
- Lake Whitney Elementary
- Thornbrooke Elementary
- West Orange High School
- Maxey Elementary
- Tildenville Elementary
- MetroWest Elementary
- West Oaks Elementary
- Ocoee Elementary
- Whispering Oak Elementary
- Sadler Elementary
- Windermere Elementary



## School Nurse Program a healthy success!!!

The School Nurse Program provides professional medical services and education to children during school hours. The Foundation currently funds this program in 15 elementary schools and two high schools in the West Orange Healthcare District. School nurses do much more than treat bumps and bruises; they administer medications, monitor children with chronic conditions, screen for vision and hearing problems, make physician referrals, and partner with school staff to provide education on nutrition and healthy lifestyle choices.

The majority of children in these schools live at or below the poverty line, and the school nurse is sometimes their only access to health care all year.

**“Our goal is to expand this program until every child in our area has access to health care.”**

## Grateful Patient Program

A gift to Health Central Foundation is a wonderful way to recognize and thank your physician, nurse or other caregiver in a meaningful way. Health Central's program provides an opportunity for you to not only thank your caregiver, but also to ensure we can continue providing outstanding medical care to the community. Health Central appreciates our staff that provides compassionate care everyday and people like you who recognize and support it!

If someone has made your visit at Health Central a more pleasant one, consider a gesture that shows your appreciation while also helping others. When you make a donation in honor of the Health Central physician, nurse or other caregiver who made a difference in your visit, or stay, they will receive an acknowledgement letter informing them of your generous recognition.

**>> To honor a caregiver, please call the Foundation office and we can fulfill your request.**



## What Will Your Legacy Be?

Your legacy will be shaped by the impact you have had on people, organizations and the world.

Your planned charitable gift can help Health Central to serve the residents of West Orange County with compassionate, caring healthcare.

We find that many of our most loyal friends want to financially help Health Central achieve its mission, but struggle with how to do so when times are tough. Fortunately, there are many ways you can make a gift while also taking care of your own needs.

- For example, do you need to Increase your income now or for retirement?
- Pay for college for your children or grandchildren?
- Maximize your children's inheritance?

If you answered yes to any of these questions, we can help.

To learn more about how Health Central Foundation can partner with you and your advisors to craft your legacy, please call the Foundation office at 407.296.1812 and we will be happy to facilitate your request.

The Foundation has formed a Planned Giving Council. For more information call 407.296.1812.

### Meeting dates:

- February 25
- August 26, 2010
- May 27, 2010
- October 28, 2010

**SAVE THE DATE!**  
**SAIL AWAY GALA**

**SAILING TO PORTOFINO, ITALY**  
**SATURDAY, MARCH 13TH 2010**  
**LOEWS PORTOFINO BAY HOTEL**

**Health Central Foundation**

CONTACT: CRYSTAL MEEKS AT  
[CRYSTAL.MEEKS@HEALTHCENTRAL.ORG](mailto:CRYSTAL.MEEKS@HEALTHCENTRAL.ORG) OR 407.296.1455

## Chairman of the Board



It is my privilege to serve as the Health Central Foundation Chairman of the Board and in turn, support Health Central in serving the health care needs of West Orange County. As a community, not-for-profit hospital, Health Central depends on philanthropy to make the difference.

We are grateful that over the years, generous gifts to the Foundation have allowed the hospital to prosper and become one of the best health care facilities in our area. Contributions from individuals, families and businesses have made it possible for the hospital to pursue many important projects.

“We believe that having excellent hospital services available close to home is important to our community’s quality of life”

We don’t want patients and their families to travel far from home during a stressful and challenging time. They deserve treatment they can count on right in their own neighborhood.

Thank you to those individuals who are already part of our Foundation family and if you are interested in helping with our initiatives, we hope you will join us and consider making a financial gift.

Sterling Stoudenmire

Chairman of the Board, Health Central Foundation

## Thanks

Health Central Foundation would like to thank our Signature Event Sponsors who participate in our special events, the Health Central Physicians who generously give to the Docs for Tots program, the many employees in our Health Central family who participate in our Building Miracles employee giving campaign each year, and all those donors who help to provide a Registered Nurse in West Orange County schools through our School Nurse program. Every donation is greatly appreciated and helps our Foundation provide the assets necessary to grow programs and purchase equipment, making Health Central a world-class health facility.

Thank you to our 2009 Swings ‘N Strings sponsors: John & Carrie Morgridge



## Signature Events for 2010

**Sail Away Gala to Portofino, Italy!**  
Saturday, March 13, 2010  
Portofino Bay Hotel



Join Health Central Foundation at our Annual Sail Away Gala at Loews Portofino Hotel at Universal, Orlando. Chart your course for a magnificent journey to Portofino, Italy aboard the luxury liner SS Health Central for an imaginary trans-Atlantic cruise that promises something for everyone! Enjoy dinner, entertainment, dancing, Italian cuisine and both live and silent auctions for your on-board shopping pleasure!

**Links to Health Golf Tournament**  
April 30, 2010

The Villas of Grand Cypress

Connect with other local golfers at our Links to Health annual golf tournament! Enjoy a day on the fairway, followed by an awards luncheon and the chance to win a raffle prize! Included are hole-in-one and closest to the pin contests as well as awards for the top 3 foursomes.



**Swings ‘N Strings Tennis Extravaganza**  
Saturday, October 16, 2010

Isleworth Country Club & Tennis Center

Join us for a tennis clinic, competitive play and professional exhibition, featuring local celebrity tennis professionals.



Individual player registration includes lunch and two tickets to the exclusive concert. After tennis, slow down the day and celebrate the weekend with clients, friends and family for an “invitation only” casual evening at the tennis center. Refreshments, relaxation and resonant sounds will complete the evening with entertainment that will lift your spirits and bring closure to an already memorable day.

Health Central Foundation is grateful to the area businesses, volunteers and contributors for supporting all our events and making them a success. Funds raised from each event benefit Health Central Foundation’s Greatest Needs Program. This program allows the Foundation Board to allocate the monies fundraised to specific Health Central needs.

For future information please contact: Crystal Meeks, Event Assistant, Health Central Foundation  
407.296.1455 or 407.296.1812 • Crystal.Meeks@healthcentral.org

## Donor Spotlight



Mark J. Mahan, M.D.

As a physician, I understand that in the event of a heart attack or emergency illness, when seconds count, it’s valuable to have life-saving care close by and with the addition of an Interventional Cath Lab, more lives than ever will be saved. The treasured asset of having a strong and vibrant community hospital locally available cannot be overestimated, particularly to doctors and their families who reside in this area. Certainly, there is nothing more important than our health and our access to local, high quality health care.

I believe in the importance of Health Central’s mission, improving the health of our community. I have decided to make this charity my major charitable donation for the year. My group of 30 radiologists has been a consistent sponsor to the Foundation Board for the School Nurse Program for years. I believe enough in this project to supplement that support with my personal donation.

Giving in memory of Dr. Humberto Valdes and his wife Lourdes.

## Matching Grant Challenge Nets \$90,000 for Health Central’s New Cath Lab

**THE MARTIN ANDERSEN & GRACIA ANDERSEN FOUNDATION** extended a matching grant challenge to Health Central Foundation recently. A total of \$45,000 was matched by The Martin Andersen & Gracia Andersen Foundation for individual pledges and gifts up to \$1,000 made by Foundation board members, Health Central Trustees and senior leadership of the hospital. Individuals making pledges and gifts were required to designate their gift to the new cardiac catheterization lab, which Health Central opened in 2009. Nearly 100 percent of the Health Central Trustees, Foundation Board of Directors and Health Central leadership participated to personally commit to this lifesaving project, contributing \$45,000, which was matched resulting in a \$90,000 donation for the new cardiac cath lab.



We have introduced a new giving opportunity that includes exclusive membership benefits. For your donation of \$1000 or greater on an annual basis, you will become a member of the prestigious **Hope & Healing Society**.

**You will receive the following benefits:**

- A membership lapel pin
- A parking sticker allowing members to park in designated hospital parking spots
- Invitation to annual “At Home with the President”, an evening at the home of President Richard Irwin
- Invitation to twice a year VIP reception with Foundation President, David Sylvester at the hospital
- Email and/or hard copy of announcement of upcoming events and hospital news
- Listing on first floor donor wall off the hospital lobby



Health Central Foundation wishes to extend our thanks for the support we receive from Aggressive Appliances in helping us in our fundraising efforts.

Recognition Gallery 1981-1999

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 Health Central Medical Staff

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 Estate of Ella B. Sadler  
 The Bond Foundation  
 West Oaks Mall  
 Mel & Lynn Wright *In memory of Mr. & Mrs. Harry Austin and In memory of Mr. & Mrs. George*

**SPECIAL ANGELS**

West Orange Healthcare Auxiliary

SAVE THE DATE \* SAVE THE DATE \* SAVE THE DATE



*Links to*  
**HEALTH**  
To Benefit Health Central Foundation

**LINKS TO HEALTH GOLF TOURNAMENT**  
**FRIDAY, APRIL 30, 2010**  
**THE VILLAS OF GRAND CYPRESS**

**For more information contact Crystal Meeks at 407.296.1812 or [Crystal.Meeks@healthcentral.org](mailto:Crystal.Meeks@healthcentral.org)**

Please consider a secure online donation through our website at [www.healthcentral.org/foundation](http://www.healthcentral.org/foundation)

Contributions to the Foundation are deductible for income tax purposes to the extent allowed by law. The Foundation recommends that you consult with your tax advisor concerning allowable deductions. A copy of the official registration and financial information may be obtained from the division of consumer services by calling toll free, 800.435.7352 within the state of Florida. Registration does not imply endorsement, approval or recommendation by the state. The Foundation is a registered charitable organization (CH4622).



*Touching Lives*  
**Health Central Foundation**  
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